



2003-2004 Race and Events Schedule

2003

- Dec 6 CSSC Race Clinic, Soda Springs
- Dec 11 Ski Tuning Clinic, Reno Mtn Sports, Reno, NV
- Dec 12-14 Three Day Race Clinic, Northstar
- Dec 13 One Day Slalom Clinic, Northstar, Stockli Demo Day
- Dec 14 One Day GS Clinic, Northstar
- Dec 20 Race #1, Giant Slalom, Northstar
- Dec 20 Holiday Party, Northstar
- Dec 21 Race #2, Slalom, Alpine Meadows

2004:

- Jan 4 Race #3, Giant Slalom, Homewood
- Jan 24-31 FWSA Ski Week, Lake Louise, Canada
- Jan 31, Feb 1,2 FWSA Ski Week, Extension to Jasper Canada
- Feb 7 Race #4, Slalom, Homewood
- Feb 8 TBD, Make-up date
- Feb 21 Super G Clinic, Northstar
- Feb 22 Race #5, Super G, Northstar
- Feb 28 Race #6, Giant Slalom, Heavenly Valley
- Feb 29 TBD, Make-up date
- Feb 27-Mar 6 FWSA Pre-Trip extension, Andorra & Barcelona, Spain
- Mar 6-13 FWSA International Ski Trip, Morzine, France
- Mar 7 Race #7, Giant Slalom on Ironhorse, Northstar
- Mar 13-20 FWSA Post-Trip extension, River Cruise & Nice, France
- Mar 14 Race #8, Slalom, Diamond Peak
- Mar 20-21 Nor-Cals, Alpine Meadows
- Apr 2-4 FWRA Championships, Heavenly Valley
- TBD End of the Season Awards Party
- May 1 May Day-May Day, Alpine Meadows
- June 10-13 FWSA Annual Convention, Reno/Sparks, NV
- Sept 19-26 FWSA Alaska Cruise

2005:

- Jan 23-30 FWSA Ski Week, Aspen, Colorado

Submit any updates to the calendar to the editor @ slabanshee@aol.com.

Check out the Sierra League webpage: WWW.SIERRALEAGUE.COM for further info!

Sierra League/Council Officers 2003-2004

President: Barbara Bryant
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Race Practice: Paul Laudenschlager
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Newsletter: Beth Perryman
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Reno Ski & Rec: Joe Loader
775-972-8019 / Skiloaders@aol.com

Fagowees: Jack Ottosen
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Code 3: Jim Sommer
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Rat Pack: Mark Lilly
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Club/League websites:

Sierra League: www.sierraleague.com
Far West Ski Assoc: www.fwsa.org
Far West Race Assoc: www.fwra.com
Far West Masters: www.farwestmasters.com
Reno Ski & Rec: www.renoskiandrec.com
Capital Ski & Sport: www.capitalski.org
Fagowees: www.ricero.com/Fagowees
Las Vegas Ski Club: www.lasvegasskiclub.com

"RACER READY!! five, four, three, two, one, GO!" John & Nancy Manter, Race chair couple

It is time to buy your 03-04 race pass. Race fees are as follows:

- ◆ Season Race Pass: **\$100**. Good for all eight Sierra League Races.
- ◆ One day Race Pass: **\$20**. Season pass is a great deal, esp. if you intend to race at least 5 times!
- ◆ Gatekeeper Fee: **\$20**. Refunded once you complete a work assignment.
- ◆ Race Bib: **\$10**. If buying a season pass for the first time or to replace a lost bib.

Before Dec 5: Turn in signed waiver and all race fees to your club Race Chair. Independent racers: Send waiver & fees directly to Sierra League treasurer

After Dec 5: Turn in signed waiver and all race fees directly to the Sierra League Treasurer (Doug Ball, 1630 Zolezzi Lane, Reno, NV, 89511). Make checks payable to **Sierra League**.

For questionable weather or mountain conditions, the website and the hotline (775-831-6667) will announce cancelled races. No message means the race is on. A ski message only if race is cancelled.

Race pass booklets will be distributed by the Head Gatekeeper at 1st race of season or 1st race after season pass is purchased.

Race Day procedural reminders:

- ◆ Race Pass holders-Go directly to Head Gatekeeper and deposit race coupon. You are registered! If no coupon, go to league Treasurer to obtain a Day Race Coupon. No coupon, No Race!
- ◆ All others-Go directly to Treasurer who will issue a Day Race coupon after receipt of race fees. Give Day Race Coupon to the Head Gatekeeper. You are registered.

Statistician or designee collects race coupons from Head Gatekeeper. Please do not ask the Statistician questions - he/she is BUSY with registration!

What's News in Sierra Council / League?



Opening day-

The early snows this fall and cold weather promise to make the ski season an early one. Donn and I hit the opening days at Northstar on Saturday and Sunday, November 22 and 23, finding the snow to

be wonderful and West Ridge down Luigges in surprisingly good shape.

Race Clinic-

Sierra League's Race Clinics on December 12, 13, and 14 always sell out, so make sure you contact Amur Rutz at crutz@jps.net or 530-587-5814 early so you won't be left out of these race training days. No same day registration.

Holiday Banquet-

Amur Rutz has also planned a knock-out Holiday Banquet for December 20 complete with DJ and dancing. If you have ever been to one of our past banquets, you'll remember the lavish gourmet food and delectable desserts to which we've always been treated.

Ski Swaps-

Thanks to over 200 volunteers who worked many long hours at both the UNR Ski Swap and the Sacramento Ski & Snowboard Show at Cal Expo in Sacramento. The UNR Ski Swap raised thousands of dollars to donate to the UNR Ski Team and to the Ski Foundation. New this year was the opportunity which vendors had to restock items Sat and Sun mornings. Kudos go to Doug Ball for his hard work and organization, to Glen Pedersen for setup, to Joel

Marlowe and Ken Simpson for assisting every day, and to Lisa Collins for coordinating volunteers. Both Lisa and Jan Holman worked hard to gather outstanding raffle prizes to reward volunteers.

Helmet Specials-

Bolle and Leedom Helmets are offering terrific savings to members of our ski clubs. To find out more information, go to the website:

www.skifederation.org/benefits.html

Be sure to include your club name and "Sierra Council" on the order form. More great discounts are being offered by NSCF. Sierra Council is one of the 25 councils of the National Ski Council Federation which has obtained many benefits for individual club members. The list is nearly eight pages long; however, you may see these benefits on the Federation website in the "Members Only" section. This section is password protected. The ID is **skigroup** and the password is **24councils**. All this is lower case. Please pass these benefits on to all your club members.

FWSA Membership Cards-

Your club presidents or membership chairs all have the FWSA membership cards ready to hand out to club members. If you haven't gotten your card yet, ask your president. The card entitles you to a wide range of benefits. For a list of those benefits, go to:

www.fwsa.org



What's News in Sierra Council / League? (cont.)



FWSA
2003-2004
Membership Card
Expires June 30, 2004
www.fwsa.org

Name _____
Club _____
Member ID _____
The bearer of this card is a member of Far West Ski Association and entitled to all the benefits associated with membership in FWSA. This card is non-transferable. Photo ID is required.

Among the retailers offering discounts are: The Sports Rack, The Powder House, Dave's

Skis, Dominator Ski Wax, Sports Basement and Copeland's Sports.

Heavenly continues to strive for the top. Lift maintenance crews have installed four new lifts, including a new high-speed quad to replace Canyon and Ridge chairs. The new express lift will cut the ride-time nearly in half from what it was on the old Canyon Chair. The best part? The new Canyon Express will provide high-speed access to the advanced terrain park on the upper California side of the mountain.

Fire Destroys Royal Gorge Resort-

The Wilderness Lodge at Royal Gorge Cross Country Resort was destroyed by fire on Oct. 30. Loss is estimated at \$3 million and the cause is still under investigation. A Royal Gorge spokesperson said the resort is insured and committed to rebuilding for the 2004-05 winter season. Day operations will be open as usual, as will the resort's second hotel, Rainbow Lodge. Plans are under way to provide a day skiers' café this winter at the Wilderness Lodge site.

CA Snow Passport-

Kids in the 4th, 5th, or 6th grades get to ski free three days this season at 32 participating California and Nevada resorts including Alpine

Meadows, Heavenly, June Mountain, Kirkwood, Mammoth, Northstar, Squaw Valley, Sugar Bowl and Badger Pass.

The purpose of the passport is to introduce nine, ten and eleven year-olds to the sports of skiing, snowboarding, tubing and snow gliding. Kids must be accompanied by a paying adult, and each adult can bring up to two 4th, 5th or 6th graders. Some restrictions may apply.

Get the passport for an \$18.00 application processing fee at: www.californiasnow.com/passport.

2004 FWSA Convention in Reno-

"Sierra Nights and Winner Days"

The 2004 FWSA Annual convention will be held in Reno, June 10-13, at "The Nugget".

Joe Loader, Convention Coordinator, is looking for volunteers! If you think you can help, please give him a call at (775) 972-8019 or send an email to skiloaders@aol.com.

Want to follow the progress of the US Ski Team this year?

If so, go to the team's website www.uskiteam.com/fanmail to sign-up for free updates. You can choose "Weekly TV and News Update" and receive news every Wednesday. Or, follow the circuit more closely by selecting the "Alpine Highlights" list and receive news from every World Cup event.

In Our Own Backyard

By Lisa Collins, Sierra League Historian and Head Gatekeeper

50 Years Later ~ Nevada to Host NCAA Ski Championships ~ Again!

As we excitedly gear-up for another ski season and race schedule, it's fun to look back at a bit of history from 50 years ago and realize we'll be a part of it again. From March 10-13, 2004, Nevada will host the 50th (or 51st depending on how you count) NCAA Ski Championships at Sugar Bowl and Boreal. The very first ones were hosted by UNR in 1954. What a great "full cycle" event for us all to enjoy. Nevada Coach Arnstein is working on special lift passes for volunteers to help or just cheer on the teams. Speaking of teams, which have been the top three collegiate teams over the past fifty years? The first Sierra Leaguer to call or e-mail me with the correct answer wins a prize.

In addition to watching teams compete, several other events will take place. One that Sierra League members are already involved with is the dinner-dance on March 13, at Circus-Circus. Dress will be "mountain elegant." A 1950's ski history fashion show is also in the works. The coach from 1954, Shelton Leonard, and the current coach, Arnie Arnstein, will present mini-retrospectives on collegiate ski racing. Shelton has an incredible coaching history—first at UNR, then as a ski coach for the 10th Mountain Division, and then to being on the rules committee for the Olympics.

The UNR teams had their highest national finish ever last year with a 6th place overall standing. They also had 2 NCAA champions, Tommy Virret in GS and Katerina Hanusova in Nordic. The teams continue to maintain their highest team GPA status. Winners all around!

Thanks to all the members of Sierra League for their generous help at the UNR Ski Swap. Everyone agreed it was the smoothest run ever and was very success-

ful. It also seemed that the hardest workers won the best raffle prizes for the "volunteers only rewards" the following Tuesday.

Mark your calendars to help with the championships, or just come and enjoy the excitement of the competition and being part of current history ~ in our own backyard!

Head Gatekeeper's Notes

With our first race of the season around the corner, I wish to stress the importance of helping the league by giving back some of your time for at least one race. We honestly can't do our races without the help of our members.

Each race needs at least 7-8 people to run it safely and efficiently. If you haven't done your share before and aren't sure what to do—just ask Beth Perryman, Ken Simpson or me on a race day and we'll get you oriented. Oh yes, you also get \$20.00 at the time you help. You can always call or e-mail me ahead of time to volunteer which is a huge help. Thanks to Frank App for his terrific "errors" card sample which will be available on race days to show you the correct way to record faults. Benefits, in addition to helping the League, include watching the better and best racers on the Upper Course and picking up on their techniques (how do they get so much angulation?). And these best racers (who do volunteer a lot!), are always willing to provide some specific help with our techniques after watching us on the course. Thanks especially to Paul, Norm, Ted and Barbara for helping us try to get better. Once again, I'll be carrying water, throat lozenges, hand warmers, tissue, and candy to make it a more enjoyable experience for everyone. Thanks, again, ahead of time. Our 1st is Dec 20th and I am taking early reservations for help!



Travel & Events

OH MY! LOOK WHAT'S COOKIN Holiday Dinner & Dance December 20, 2003

Salads

Organic winter greens tossed w/pears, gorgonzola and shaved red onions
Zita w/shaved prosciutto and asiago w/roasted garlic dressing
Salad of roma tomatoes, grilled radicchio and portabellas with basil pesto

Soup

Shrimp and roasted fennel bisque

Entrees

Pan roasted salmon medallions atop kalamatta olives, artichoke and feta cheese gratin
Slow roasted choice prime rib with shallot comfit and port wine sauce
Apple wood smoked pork loin smothered with dried cranberry chutney
Cornbread stuffing w/balsamic roasted vegetables
Seasonally prepared vegetables
Fresh baked breads

Desserts

Sumptuous confections and pastries
Coffee and tea service included

- ◆ Doors open @ 5:30 p.m.
- ◆ Cocktails, no host bar @ 5:30-6:30 p.m.
- ◆ Dinner @ 6:30-7:30 p.m.
- ◆ Dancing w/live DJ: 7:30-10:00 p.m.

\$42/person includes food, no-host bar, DJ, and lift ticket* (group ticket worth \$43 that day). No senior discounts! If you plan to race, plan to stay and refuel for the Alpine Meadows race on Sunday. Rooms start at \$98/studio plus 10% lodging, 1% housekeeping, and \$5 resort charge. This is the group rate. We have a block reserved for Dec 20.

To join in the fun—Sign up before Dec 14th. That means you can catch me at the clinic or send a check payable to **Sierra League** c/o Amur Rutz, POB 11092, Truckee CA 96162.

Lift tickets distributed at race registration, 7:30-8:30 am, Dec 20. There will be no last minute same day sales!!

* lift ticket valid Dec 20, 2003, M-F Jan 5 to season close, excluding Dec 21, 2003- Jan 4, 2004; Jan 17- 19, 2004 and Feb 14-17, 2004.

Sierra League Early Season Race Clinics

3 day clinic - December 12,13,14

\$210 including lift ticket

- ◆ This clinic will help you get back into the race mode. Cost includes lift ticket and clinics for three days. If you do not need a ticket, let Amur know for special pricing.

1 day clinic - Dec 13th Slalom Clinic

\$68 including lift ticket (\$30 w/o ticket)

1 day clinic - Dec 14th GS Clinic

\$68 including lift ticket (\$30w/o ticket)

- ◆ Both clinics are specific to that day. If you can't make the 3 day clinic, take advantage of either or both of the 1 day clinics.

The 3-day clinic cannot be split between people. There is no 2-day clinic! There is no Friday only clinic. Each clinic is 2.5 hours.

Groups will be assigned in the Chaparral room between 7:30-8:30 a.m. the day of the clinic. No senior discount.

Contact Amur Rutz if you are interested in this opportunity to get back on your skis and not pick up those early season bad habits. **Contact Amur Rutz @ 530-587-5814 with any questions or email @ crutz@jps.net.**

This is a limited space clinic! Reserve your spot soon.

There are no on-hill or clinic day sign-ups.

Deadline to sign up is Dec 5th, 2003.

Send your checks, payable to **NORTHSTAR**, to Amur Rutz, PO Box 11092, Truckee CA 96162.

CSSC Race Clinic

Capital Ski & Sports Club (CSSC) is sponsoring a clinic for Sierra League *lower-course racers* and *non-racers*. The clinic will be coached by S-1 and S-2 Sierra League racers, plus one super coach (Joan Fuellenbach who is a lower-course racer but a better coach than the rest of us put together). We have a great coaching staff, all of whom have learned from numerous clinics and summer camps.

DATE: **Saturday, December 6, 2003.**

PLACE: **Soda Springs** (Boreal is a possible back-up).

COST:

In Advance: **CSSC members - \$10**
All others - \$15

On the hill sign-ups - \$20

Lift Tickets will be \$18.

REGISTRATION: Send advance payment to **Dan Simmons**, 645 Oak Avenue, Davis, CA, 95616. Checks must be received by **Thursday December 4th** to guarantee a spot. Make checks payable to **CSSC**.

Registration **at the area** will close at 9:30 a.m. Meet on the hill at 10 a.m.

Stockli "Demo Day", Dec 13

Steve & Anne Hyle, our Stockli reps, will hold a Demo Day on Saturday, Dec 13 at Northstar. They will have examples of a variety of Stockli skis for you to try. There will be no charge to demo skis. Skis will be available from approx. 10 a.m. - 3 p.m..

Ski Clinics for Women

Jan 4: Open League Women's Race Clinic. Contact (925) 360-4052 for information.

Jan 9 - 11, 2004, Mar 24 - 26, 2004: 3 day Women's Ski School Clinics sponsored by Northstar. Clinics taught specifically for women by Northstar's top certified women instructors. For information, go to:
www.skinorthstar.com/winter/clinics.html

FWSA/FWRA Happenings

Ski Week '04, Lake Louis, CA

January 24 - 31, 2004

If you didn't get in on the action- please call me! I'm sure someone somewhere in the FWSA will cancel.

Enjoy a of week great skiing in the Canada Rockies and the luxury of the Chateau Lake Louise where we will stay. Don't forget about the Jasper extension for \$370. You get 2 days skiing & 3 nights at the Fairmont Jasper then fly home from Edmonton.

I will send more information in Jan. to those going. See you soon!! AMUR

FWSA International Ski Week 2004

Main Trip: Mar 6-13, Morzine, France (Port Du Soleil)

Pre Trip: Feb 27-Mar 6, Andorra & Barcelona, Spain.

Post Trip: Mar 13-20, Rhone River Cruise & Nice, France

Trip Leader: Contact Kathy Hoffman for details and space availability. Tkhoffman@aol.com or (510) 278-7660

FWRA Championship Races

Heavenly Valley, April 2-4, 2004

Look to future issues of newsletter for further details. Lodging and transportation by race league. Or, contact Amur Rutz (crutz@jps.net) for information.

FWSA Alaska Cruise, Sept 19-26

Leaving from Vancouver, BC, cruise the Inside Passage on Royal Caribbean's ship "*Serenade of the Seas*".

Go the website, www.fwsacruises.com, for further information and forms. Cruise provided through *The Cruise Company*.



FWSA Ski Week 2005 to Aspen/Snowmass, CO. Stay tuned for further information.

The difference between 1st place and 5th...

By George Richter, Reno Mtn Sports, Race Department



A well-tuned pair of skis could be the difference. As you know the formula to winning ski races is complicated and usually includes years of practice. One portion of the formula is how your skis are tuned for race day. It doesn't take long

to learn. Faster skis will require some handy tools, the right wax, and time in the workshop. I will not attempt to instruct you on how to tune your skis for the first race in the scope of this article. However, I will give you a few tips and an invitation to learn more. On **Thursday, December 11th at 7:00** p.m. George Crown, sales representative for Holmenkol and Head ski equipment, will give a one-hour presentation on world cup ski tuning at Reno Mountain Sports.

Every year we spend thousands of dollars and months of time perfecting our turns, building stronger muscles, and watching ski races which we hope will help us go a little faster. Then, on race day, we have the wrong wax, edges that are too sharp, and the wrong bevel. We are our own worst enemies. The funniest part is that we either think we have the secret formula or we are too embarrassed to ask for help. Last time I looked for literature on high tech ski tuning there wasn't much. In the last ten years skis have been changing so drastically it is hard to figure out what size to use, let alone how to bevel your edges. This winter spend some time learning how to properly tune your skis. Buy a few new tools (it is less expensive than you might think), some new HydroCarbon wax, and get started now.

Waxing right and waxing often are the most important ingredients to faster skis. This is true most of the time, but not all the time. Sometimes the snow is so hard it may not make much difference which wax you use but your edges will keep you on line. It is extremely important that your edges are sharp, not burred (there is a huge difference), smooth, and have no structure from your last stone grind. Most of us need to spend more time on our edges and invest in some good file guides, files, and a variety

of stones to polish edges to perfection. Have you shaped the tops of your skis? They are also important. The first thing a technician does to prepare a new pair of skis fresh out of the wrapper is to remove some of the sidewall. If not removed the sidewall will prevent you from filing your side edges accurately, clog your file, and prevent you from filing your edges at all. How do you remove the material? Buy a sidewall removal tool or use the end of a file turned up on end. Pull it down the ledge just above the edge. I recommend that you double check with someone if you are not exactly sure what I mean.

Holmenkol is manufacturing waxes that are used by 80% of the world cup racers. Even the Norwegians from the land of Toko are secretly betraying their countrymen. Why? It's fast! Not only is it really fast but the combination of HydroCarbon wax and a hardener will give you longer lasting fast lubricated bases, and prevent the dreaded "base burn". In addition to good wax a few brushes can seal the deal. Roto brushes? Plastic, brass, round, rectangle, horse-hair? There are many types to choose from and various ways to use them.

Invest time now and shave time later. Come join us on Thursday, December 11th at Reno Mountain Sports. George Crown, is a Reno resident, former University of Nevada Reno ski team member, recent masters national champion, and all around great asset to the skiing community. He will discuss and demonstrate many of the important skills and tools to making your skis glide and turn better than ever. Bring along your racing friends and get your season off to a good start. We look forward to seeing you.

Please RSVP to **Dave Garner** (or his voice mail) at Reno Mt. Sports 1-775-825-2855.

If you have questions please write to: georichter@yahoo.com

Reno Mountain Sports (next to NV AAA)
155 East Moana Lane, Reno, NV
(775) 825-2855
www.renomountainsports.com

BE PREPARED - BE AWARE

by Richard Lubin, D.C., FWSA Safety Chair, "the snowboarding Chiropractor"

My job as the Safety Chair includes encouraging participation in sports in a manner so that everyone stays healthy. What is the basis for being safe?it's awareness.



It really doesn't matter what sport or activity you participate in there are some basic guidelines which increase the safety and enjoyment. After all, we are ultimately talking about fun and recreation.

- ◆ Understand what risks may be involved in the activity or sport.
- ◆ Try to educate yourself as to the proper technique or form.
- ◆ Watch others who are experienced and using good biomechanics. It is usually easy to tell. They make it look seamless, smooth, and sometimes easy. Try to emulate them.
- ◆ Make sure your equipment is proper, well maintained, and safe.
- ◆ If it is a fixation device (like bindings of any kind) does it fit and is it adjusted for you?
- ◆ Are you taking advantage of the equipment with advanced technology?
- ◆ If there is sport specific clothing, does it fit? (or still fit?).
- ◆ If you have a pre-existing injury or 'weak' area, make sure it is safe for you to participate. If it is, consider using braces or taping in these injury prone areas.
- ◆ Make a plan if there is a problem or an injury. Have first aid available.
- ◆ Be aware of the geography of the area. If you are in the mountains, a canyon, a river gorge, anywhere you will be - have a map.
- ◆ Cell phones are for emergency, not for yakking.
- ◆ Have situational appropriate issues addressed ahead of time - e.g. In water sports: flotation devices, in cold weather: warm clothes, for biking: a patch kit, in hot weather: have fluids and electrolytes for endurance activities. Consider all things.
- ◆ Be aware and prepared for changes in weather and daylight.
- ◆ Watch for fierce creatures and dangerous plants.

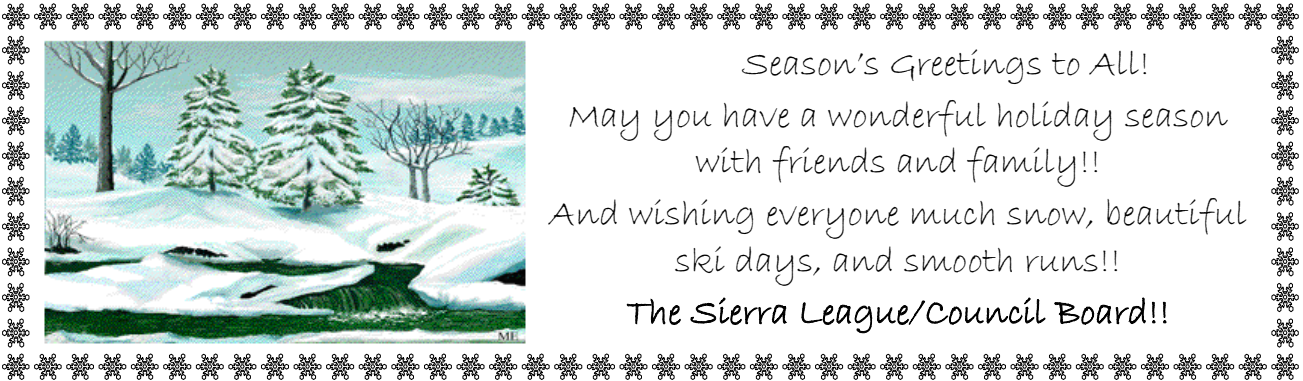
There are so many things you can do ahead of time to plan how, where, when you participate. You get the idea. Anticipate what is required, but also what is needed, or just nice to have.

Be observant and know what to look for. Imagine yourself successful. Play the motion in you mind to "prime" yourself. Listen to your body. Make sure you are in good physical shape.

REMEMBER: SAFETY IS
HAVING FUN CONSCIOUSLY



Season's Greetings to All!
 May you have a wonderful holiday season
 with friends and family!!
 And wishing everyone much snow, beautiful
 ski days, and smooth runs!!
 The Sierra League/Council Board!!





Newsletter Editor
Sierra League/Council
919 Humboldt Street
Reno, NV 89509

December, 2003 Issue

Alpine Meadows: www.aplinemeadows.com
Boreal: www.borealski.com
Diamond Peak: www.diamondpeak.com
Donner Ski Ranch: www.donnerksiranch.com
Heavenly Valley: www.skiheavenly.com
Homewood: www.skihomewood.com
Kirkwood: www.skitkirkwood.com
Mammoth Mtn: www.mammothmountain.com
Mt Rose: www.mtrose.com
Northstar: www.skinorthstar.com
Sierra At Tahoe: www.sierraattahoe.com
Soda Springs: www.skitodasprings.com
Squaw Valley: www.squaw.com
Sugarbowl: www.sugarbowl.com
Nevada Road conditions: (877) 687-6237
California Road Conditions (800) 427-R0AD (7623)

QUICK! Don't miss out on the following events (details inside):
3 Day Race Clinic, Dec 12-14, Northstar
1 Day Stalom Clinic, Dec 13, Northstar
1 Day GS Clinic, Dec 14, Northstar
Sign-up deadline is Dec 5th for all 3 clinics
Sierra League/Council Holiday Party, sign up by Dec 14



To: