



JANUARY 2020

WWW.SIERRALEAGUE.COM

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2020 Race Schedule

Race 3	February 8	SL	Sugar Bowl
Race 4	February 9	SL	Sugar Bowl
Race 5	March 7	SL	Heavenly Valley
Race 6	March 8	GS	Heavenly Valley
Optional	March 14		Mammoth *

*** SO CA League Race, NOR CAL racers welcome ***

Championships, April 3-5 Mammoth Mtn

Clinics April 3SL & GS

Races April 4SL&GS

LEAGUE RACE RESOURCES:

Nan Carnal; Sierra League Race Chair:

nan.sierraleague@gmail.com;

530-550-5228 (h); 510-520-7338 (cell)

John Walsh; Singles League Race Chair:

johnwalsh37@sbcglobal.net; 416-596-7234

Debi Phelps; Open League Director of Racing

openleagueraiding@gmail.com



Board Members

President: Jo Simpson
775-787-7556
jo_simpson@sbcglobal.net

Vice President: Corey Doolin
coreydoolin@att.net

Secretary: Pat Ostroff
patpierucci@yahoo.com

Treasurer: Open

Race Chair: Nan Carnal
530-550-5228
nan.sierraleague@gmail.com

VP Travel:
Carlene Boutacoff
(650) 208-4839
cboutacoff@gmail.com

Interim Membership: Nancy Ellis
nancyellis2@sbcglobal.net

Head Gatekeeper: Mark Ostroff
the_ostroffs@hotmail.com

Newsletter: Beth Perryman
775-322-5805
slabanshee@aol.com

Webmaster: Pavel Bosin
408-685-6470
pavel@bosin.net

President's Message

*By Jo Simpson,
Sierra League & Sierra Council
President*



Happy New Year Sierra Council Members! Welcome to a new decade of skiing.

We were blessed with good snow for December and the holidays. I'm looking forward to seeing 45 of you at Big Sky.

There is another great trip offering to Big White in British Columbia March 29 - April 3. Big White is a fun ski resort and the Canadian-US exchange rate makes it a good value. Check out the details at the Sierra website <http://www.sierraleague.com>.

By the time you get this newsletter, the first races of the season will have been held at Alpine. A big Thank You to Nan Carnal, our race director, for continuing to make this program possible.

Another big Thank You to Carlene Boutacoff for organizing a fun holiday party last month at La Bamba Mexican Restaurant in Truckee and for all her hard work to make our trip to Big Sky enjoyable for all of us.

See you on the slopes! Jo

Member Clubs and Contacts

Alpine Ski and Snowboard Club

Las Vegas, NV
www.alpineskiandsnowboardclub.com
Mark Zellner, President
alpineskiclub@embarqmail.com

Capital Ski & Sport Club

Sacramento, CA
www.capitalski.org
president@capitalski.org

Las Vegas Ski Snowboard & Sports Club

Las Vegas, NV
www.lasvegasskiclub.com
Mark McNeil, President
info@lasvegasskiclub.com; mark42750@cox.net

Reno Ski & Recreation Club

Reno, NV
www.renoskiandrec.com
Steve Kelly, President
renoskiandrecreationclub@gmail.com

RU SKI Club

Campbell, CA
Pavel Bosin, President
pavel@bosin.net

Sequoia Ski Club

Visalia, CA
www.sequoiaskiclub.com
Woody Hogan, President
wwhiii@hotmail.com

Sugar Bowl Ski Club

Norden, CA
www.sugarbowlskiclub.com
Dan Gross, President
president@sugarbowlskiclub.com

Tahoe Donner Senior Alpine Ski Club

Truckee, CA
www.tdski.com
John Makin, President
president@tdski.com/infotdski@gmail.com

Top Gun Ski Club

Greg Peairs, President
shiftyp@aol.com

Ski Area Websites:

Alpine Meadows/Squaw Vly: <http://squawalpine.com>
Badger Pass: www.yosemitepark.com/BadgerPass.aspx
Bear Valley Ski: www.bearvalley.com
Boreal: www.rideboreal.com
Ski China Peak: www.skichinapeak.com
Diamond Peak: www.diamondpeak.com
Dodge Ridge: www.dodgeridge.com
Donner Ski Ranch: www.donnerskiranch.com
Granlibakken: www.granlibakken.com
Heavenly Valley: www.skiheavenly.com
Homewood: www.skihomewood.com
June Mountain: www.junemountain.com
Kirkwood: www.kirkwood.com
Las Vegas Ski & Snowboard resort: www.skilasvegas.com
Mammoth Mtn: www.mammothmountain.com
Mountain High Ski: www.mthigh.com
Mt. Baldy: www.skibaldy.com
Mt. Rose: www.skirose.com
Mt. Shasta Ski Park: www.skipark.com
Northstar: www.northstarcalifornia.com
Sierra At Tahoe: www.sierratahoe.com
Snow Summit: www.snowsummit.com
Snow Valley: www.snow-valley.com
Soda Springs: www.skisodasprings.com

Thank you to our sponsors (s):



www.habervision.com



RACING NEWS, w/Nan Carnal, Sierra League Race Director

Our next scheduled races are back-to-back slalom races at Sugar Bowl on February 8 and 9. Join us!

A Slalom clinic is planned for Friday, February 7th, the day before the weekend races, 9AM-noon, venue TBD.

More information will be e-mailed to Sierra Racers when details for the clinic are available.



Just a reminder, to race, you must be a member of a ski club affiliated with the Sierra League or be a Direct League member. You may elect to join a League ski club or sign up to be a Sierra Direct Member (season fee is \$10).

The 2019/2020 league registration form & waiver are posted on the League website (www.sierraleague.com) and again included in this newsletter.

If you have not already done so, send your SIGNED form, waiver, and check (payable to Sierra League) for the season race pass to me (Nan Carnal) at 13081 Ski View Loop, Truckee, CA, 96161.

You may also pay online via PayPal. You MUST, however, mail the completed & signed forms to me at the address provided or scan and email to me at:

nan.sierraleague@gmail.com.

FRANK APP SCHOLARSHIP



We are proud to announce that the 2019/2020 recipient of the Frank App Award is AGAIN Amelia Jane Hurt ("A J"). From Carnelian Bay, A J is a Squaw Valley Alumni and currently on the USSA Alpine B Ski Team and starting her third season on the world cup circuit.

A J, 19, is coming off her best season on the snow, having finished second in the North American Cup overall standings. A J finished first place in the downhill standings and first in the alpine combined standings. She also made a World Cup start in October, 2019 in Austria.

2019-2020 RACING SEASON REGISTRATION & RELEASE FORMS



If you do not fully accept the conditions below and on the reverse side of this form (waiver) – please **DO NOT** complete this form or in any way participate in any event.

PERSONAL INFORMATION (PLEASE PRINT):

Name: _____		BIB # _____
Address: _____		
City, State, ZIP: _____		
Phone (Home): _____	Phone (Work): _____	
DOB: _____	E-mail: _____	

AGE:

SEX:

<input type="checkbox"/> Jr (0-17)	<input type="checkbox"/> Sr (18-49)	<input type="checkbox"/> Vet (50-64)	<input type="checkbox"/> Super Vet (65+)	<input type="checkbox"/> Legend (75+)	<input type="checkbox"/> Male	<input type="checkbox"/> Female
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ADDITIONAL INFORMATION:

<input type="checkbox"/> 1 st Time Racer	<input type="checkbox"/> Skier	<input type="checkbox"/> Snowboard	<input type="checkbox"/> Telemark Skier
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SKILL:

CLASS/HANDICAP:					
<input type="checkbox"/> S0 (0-18.99)	<input type="checkbox"/> S1 (19-25)	<input type="checkbox"/> S2 (26-32)	<input type="checkbox"/> S3 (33-39)	<input type="checkbox"/> S4 (40-49)	<input type="checkbox"/> S5 (50-59)
<input type="checkbox"/> S6 (60-69)	<input type="checkbox"/> S7 (70-79)	<input type="checkbox"/> S8 (80-89)	<input type="checkbox"/> S9 (90-104)	<input type="checkbox"/> S10 (105+)	

HOME LEAGUE	RACING FOR SIERRA LEAGUE CLUB
Sierra _____ Other _____ Each racer must choose a "Home" league. Although you may race for multiple leagues during the season, the "Home" league is the league that will have the first right to select "you" for their championship team. If you are selected by the league you checked above, you must race for them or be disqualified. If you are not selected by your "Home" league, you may race for any other league that invites you to race for them!	Capitol Ski & Sport __ Reno Ski & Recreation __ RU SKI Club __ Sequoia Ski Club __ Tahoe Donner Sr. Alpine Ski Club __ Tahoe Rat Pack __ Top Gun __ Sierra Direct (\$10 membership) __ Other: __

EMERGENCY CONTACT NAME: _____ **PHONE #** _____

Please turn over and complete the waiver on the back side of this form

SAFETY: How To Dress for Winter Outdoor Recreation

The following is a very informative article from the National Ski Patrol entitled “How to Dress for Winter Outdoor Recreation” (<https://nspserve.org/before-you-go/>). If you do not have time to read the entire article, here are some key points with a little expansion (by me):

Dress in layers. Your goal is to have clothing that traps the air that is warmed by your body, but at the same time allow perspiration to escape.

Layer 1 is the “moisture management” layer or wicking layer. Synthetics and merino wool work well. Cotton is a definite NO.

Layer 2 is your insulating layer. Think “lofty”, for example fleece.

Layer 3 should provide a windproof, waterproof, and breathable cover. Goretex shells are a good example.

Cotton is on the “do not touch” list for all clothing, including socks. The insulator properties of cotton are extremely poor, especially when moist. Synthetics are a better choice.

Think “head to toe”. That means a helmet, goggles, sunscreen, balaclava or neck gaiter/face mask, gloves and socks. Avoid “boot slam” by having socks that go above the top of your boots. Again, avoid cotton and go for the synthetics or merino wool. Make sure your gloves are also waterproof and breathable.

Remember, skiing gets better when you are comfortable and warm.

Submitted by C. Boutacoff 1/8,2020

How To Dress for Winter Outdoor Recreation

Whether you are a novice to winter sports or an expert, one of the most important ingredients to having an enjoyable experience is to dress efficiently; it's not as simple as pulling on a hefty sweater and giant parka. For skiing, snowboarding, snowshoeing, winter running, ice climbing, or any other outdoor pursuit, the goal is to stay warm and dry. How to do it? Dress in multiple, lightweight layers.

The Layering System

The beauty of layering is that you can shed and add clothing as conditions or your exertion levels change. Thanks to new high-tech fabrics, personal climate control is now a reality: body-warmed air is trapped between layers of clothing while moisture vapor from perspiration is allowed to escape.

A layering system usually includes three components: an inner moisture-wicking layer; a middle insulating layer; and an outer shell layer. It's important to keep several things in mind as you consider the numerous styles and fabrics available for each layer. Garments should be lightweight and compressible; if you need to shed a pullover, for instance, it should easily fit into a fanny pack or rucksack.



Safety, continued

Look for high-quality synthetic fabrics that are breathable. Be sure to choose a shell that is large enough to fit comfortably over several layers and try to select garments that are versatile enough to adapt to changes in the weather and useful for a variety of activities.

Additional variables to consider include your fitness level, your body type, the activity you'll be doing, and where you'll be doing it. Do you chill easily? Sweat a lot? Dress accordingly. Highly aerobic activities such as cross-country skiing and running require very different clothing systems from sports such as snowboarding and downhill skiing, in which your energy output constantly fluctuates. If you're heading into the backcountry or will be far from a heated shelter for any extended period, your clothing will be as important as any piece of equipment you have. It can mean the difference between life and death.

The weather, of course, is one of the most significant factors in what you decide to wear. Heeding the weather forecast can help ensure an enjoyable excursion; ignoring it can make you rue the day you first strapped on skis or boards. Even if you've checked the weather report, you should always be prepared for unforeseen changes. Remember Murphy's Law, and be prepared for anything, particularly in the backcountry.

Dressing For Highly Aerobic Winter Sports

Even though the thermostat reads 15 degrees and you can see your breath, if you're running, hiking, snowshoeing, or cross-country skiing, you can expect to heat up fast and perspire. If the sweat you produce during this workout is trapped next to your skin, you will eventually feel chilled. Not only is this cold clammy feeling uncomfortable, it can be dangerous, especially as you start to cool down. Protect yourself by wearing lightweight layers that you can remove quickly and stow away as you warm up. They should be compressible; if you need to shed a pullover, for instance, it should easily fit into a fanny pack or rucksack. Look for high-quality synthetic fabrics that are breathable.

Moisture management is the first consideration here. To keep the body warm during high-energy activities, clothing should transport moisture away from the skin to the outer surface of the fabric where it can evaporate. Tall order? Fortunately, companies such as PolarMax are using ultra-light fabrics like Acclimate Dry in their long underwear. These materials wick moisture from the skin and move it away, so start with this as an inner layer. Also, look for garments made from the new stretch fabrics for better fit and performance.

Your next layer should be a lightweight stretchy insulator, such as a breathable fleece sweater or vest. While you might not need it once you've warmed up, you'll appreciate a cozy top on your descent or on the ride home.

The final part of your cold-weather wear should be a lightweight and versatile shell jacket that will function for highly aerobic, as well as less strenuous activities, depending on what you layer under it. Fabrics like three-layer Gore-Tex and Windstopper allow companies to create shells that are ultra lightweight while remaining waterproof, windproof, and breathable. For aerobic activities, a shell's ventilating features are particularly important. Look for underarm zippers, venting pockets and back flaps.

Depending on the activity and weather, a lightweight wicking layer and stretch fleece pant are often all you'll need on the bottom. In deeper snow, you can wear gaiters to protect your feet and ankles, but carry lightweight shell pants with side zips just in case the weather gets nasty.

Safety, continued

Always bring a hat and gloves, regardless of the weather or your activity level. As with the rest of your clothing, synthetic materials work best for protecting you against the extremes, and they don't itch! Look for fleece hats made with Windstopper fabric, gloves and mittens layered with Gore-Tex and fleece, and socks made of synthetic, moisture-wicking materials.

Dressing For Activities Where Energy Output Fluctuates

It's 8:30 a.m. and you're in the parking lot at Breckenridge or Stowe, surveying the skies and your duffel bag as you try to decide what to wear. Getting dressed for a day of downhill skiing or snowboarding can be especially tricky. In the next several hours, you'll work up a sweat carving turns and negotiating mogul fields, but you'll also sit on the chairlift, exposed to biting winds and wishing you had a down-filled mummy bag.

As you mull over your ensemble, keep the basic principles of layering in mind, incorporating warmer, windproof garments with plenty of venting options. Underneath, choose mid- or heavyweight long underwear with wicking capabilities. Staying dry is the best way to combat the inevitable cooling while you're at rest in the lift lines and on the chairlift. Also, look for undergarments with zip turtlenecks.

Next, layer on a lofty insulator, such as fleece pile, to trap warm air and protect you against the cold. Again, the fabric should wick moisture and breathe to help you stay dry. Another good option for skiing and boarding is windproof fleece. Several manufacturers offer garments that feature a layer of wind protection sandwiched between layers of fleece, providing extra warmth and protection without added weight or bulk.

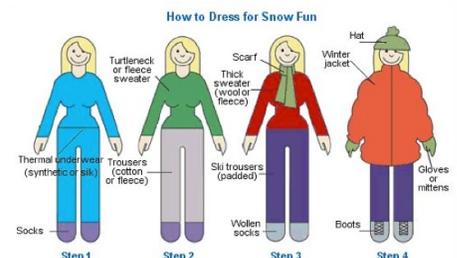
Shells for downhill skiing should be completely windproof and have many ventilation options. A longer, three-quarter length shell parka will keep wind and snow out most effectively with the added benefit of keeping your backside warm on the lift. A hood is handy for extra head and neck protection in high winds.

For the best performance and comfort, wear shell pants over stretchy fleece tights. Features to look for in shell pants include full side zips for ventilation, articulated knees for ease of movement, and bibs for extra snow protection. Some people, particularly snowboarders, like an extra layer of warmth and padding for sitting in the snow; it's also nice on the lift.

Frequently Asked Questions

What's wrong with wearing cotton?

Cotton is a poor choice for insulation, because it absorbs moisture and loses any insulating value when it gets wet. Hence, moisture-wicking synthetics, which move moisture away from the skin and stay light, are the best choice for active winter sports like skiing. Not only do synthetic fabrics wick moisture away from the skin, they dry quickly and help keep the wearer warm in the process.



Safety, continued

What's the difference between Gore-Tex and other shell fabrics?

Gore-Tex is actually not a fabric but a membrane that is laminated to a shell fabric such as nylon or polyester. Before the mid-1970s, when Gore-Tex was invented, wearing a water- and windproof shell jacket meant sacrificing breathability. Both waterproof and breathable, Gore-Tex set a new standard for technical outerwear. Today, many outdoor clothing manufacturers offer functional alternatives to Gore-Tex, all of which provide varying degrees of waterproofing and breathability. One of these alternatives might work for you just as well or better than Gore-Tex--it's really a matter of assessing your personal needs, depending on your activity level, body type, and where you'll be skiing, boarding, or snowshoeing.

What items are absolutely essential when it comes to having a budget?

For any outdoor winter activity, an inner wicking layer is crucial. Nothing will help you stay warm and comfortable more than a garment with moisture-transport capabilities. You can purchase an inexpensive fleece insulator that will function during most activities. Look for features that add versatility, such as a snap- or full-zip turtleneck. An outer shell doesn't always have to be both waterproof and breathable; you can consider more affordable alternatives that are highly water-resistant, yet still breathable. Again, keep versatility and ventilation in mind. Snap-off hoods, underarm zippers, and ventilating pockets are features that add value and performance to a shell garment. A pair of full side-zip shell pants are another investment worth making. As the weather changes, you can easily put them on or take them off without removing skis or snowshoes.

Where is there more info on how to dress for winter sports?

There are many good sources of information on apparel. On the Internet (<https://nspserver.org/before-you-go/>), check out [Ski and Skiing](#), which contains sections on apparel and fabrics used in the outdoors. Also, the [SnowSports Industries of America](#) (<https://snowsports.org/>) can help you locate many outdoor manufacturers. Other good sources are [W.L. Gore & Associates](#) (<https://www.gore.com/>), the creator of Gore-Tex, Activent, Windstopper, and other technical outdoor fabrics, and [Patagonia](#) (<https://www.patagonia.com/home/>), a manufacturer of high-quality outdoor apparel for serious skiers, boarders, hikers, runners, and climbers.



NATIONAL SKI PATROL

133 South Van Gordon Street, Suite 100, Lakewood, CO 80228

Office (303)988-1111

Fax (855)331-6468

[NSP's Privacy Statement](#)

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TRAVEL OPPORTUNITIES

The Far West Ski Association (FWSA) is one of the largest associations of snowsport enthusiasts in the U.S. FWSA covers 12 states with 10 regional Councils with more than 150 Clubs and a combined membership of over 50,000 skiers and snowboarders.

As a member of a club that belongs to the SIERRA Council, you are automatically a member of FWSA and entitled to all benefits. You may join Far West as a Direct Member.



North American Travel

FWSA Ski & Snowboard Week 2020: Big Sky, MT; January 25- February 1

FWSA Ski & Snowboard Week 2021: Sun Valley, ID; January 30-February 6

FWSA Mini Ski & Snowboard Week 2020: Big White, Canada; March 29- April 3

FWSA Mini Ski & Snowboard Week 2021: Zermatt Resort & Spa, UT; March

FWSA Convention:

88th Convention 2020; Portland, OR; May 28-31

International Travel:

FWSA International Ski Adventure 2020: Davos, Switzerland; February 28-March 7

FWSA Int. Ski Adventure Optional extension to Portugal; March 7-March 13

FWSA International Ski Adventure 2021: Sölden, Austria TBA

FWSA International Ski Adventure 2021: Chili, Summer , TBA

FWSA International Ski Adventure 2022: Madonna di Campiglio. TBA

Dive/Adventure/Cruises

Croatia Adventure; 2020

Africa; 2022 TBA

Galapagos Islands; 2024 TBA

Please contact the trip leader and/or check the FWSA website for further information regarding travel/housing/schedules, registration forms, waivers, payment schedules, etc.

FWSA travel website: <http://www.fwsa.org/Travel/travel.html>

FWSA VP North American Travel:

Nancy Ellis, vpnorthamericantravel@fwsa.org

FWSA VP International Travel:

Debbie Stewart: vpinternationaltravel@fwsa.org

**Sierra League & Council
2019-2020 Membership Application**

___ New Member ___ Renewing Member

Name: _____

Address: _____

Phone: (home) _____

(cell) _____

Email: _____

Mark all that you are interested in:

Racing _____ Travel Program _____

List Trips: _____

Emergency Contact Information:

Name: _____ Relationship: _____

Phone: (home) _____ (cell) _____

:

I have read and signed the Acknowledgement and Assumption of Risk Agreement.

Signature: _____ Date: _____

Dues: \$10

Mail completed application and waiver, along with personal check, cashier's check, or money order payable to "Sierra League & Council" to:

**Nancy Ellis, Membership
P.O. Box 9681
Truckee, CA 96162**

9/20/19

Travel Updates from Carlene Boutacoff, VP of Travel

Over forty-five skiers from the Sierra League will be traveling to Big Sky at the end of January for the FWSA's annual Ski & Snowboard Week. The trip's calendar is full of activities including Apres-Ski gatherings, dinners, a picnic, and racing. A number trip participants will also take a day off the slopes and explore the winter beauty of Yellowstone.

Be sure not to miss the 2021 FWSA Ski & Snowboard Week to Sun Valley, Idaho. This trip's dates are January 30th— February 6th, 2021. Save the date NOW for another wonderful adventure with your ski buddies and club members. Details will be coming to you soon.

A big THANK YOU to all that attended and helped with the Sierra League's "Greet the Winter Party". We had a full house and bar at La Bamba Mexican Restaurant in Truckee and plenty of food to satisfy the crowd. It was nice to celebrate the beginning of a new ski season with old friends and to meet new members of Sierra league.

A special thanks to board members for contributing delicious deserts, to Marilyn Augello of Tahoe Donner Ski Club for knitting scarves for the grab n' go fundraising, to Wendy Whyte, also of Tahoe Donner, for contributing Giants tickets, to the McCabe family for donating their retired skis, and to Ken Simpson, Corey Doolin and Mark Ostroff for repurposing the skis to coat racks.

By the way, if you are interested in a coat rack, there are more to be sold. This is a great way to recycle contribute to the Sierra League and get a fun addition to your home or cabin.

Good News! Sports Basement is offering FWSA members a 20% discount on all "in-store" and online purchases 1/15-1/30. Check out the flyer that follows and use the promo code indicated for your discount. Spread the word to your club and/or council members.

Visit one of the (10) stores located in the greater San Francisco area or shop online at the website: <https://shop.sportsbasement.com>.

JOIN



FOR YOUR

20% OFF SHOPPING PARTY

WHAT

We're inviting everyone at **Far West Ski Association** (that's you!) to a very special shopping event, where you'll receive **20% off your entire purchase** all day long.

Exclusively for:

"The Voice of the Western Skier"



WHEN

January 15 - 30, 2020

WHERE

ANY Sports Basement Location & Online



Can't join us in-store? Shop online with code **2050010396479** for 20% off!



Basementers take 11% off then add their 10% Basementeer discount for a total of 20% off (Because math.) Non-Basementers still save 11%! Some exclusions apply. See website for details.

Enter **2050010396479** online for the discount.

Reg: % SKU: 699678 MKTR SKU: 2050010396479



Mini
SKI WEEK
March 29 - April 3, 2020

Trip Packages
USD **\$525*** per person
Based on double occupancy. Includes:

5 Nights Accommodation | 5 Day Lift Ticket | Welcome & Farewell Parties & some Happy Hours

WANT TO STAY LONGER? WE'D LOVE TO HAVE YOU AND CAN EXTENDED THESE SPECIAL RATES FOR THE LENGTH OF YOUR STAY.



The Inn at Big White is conveniently located in the heart of the village centre, providing excellent resort access. After a day on the slopes, relax and enjoy the spectacular Monashee Mountain views in the outdoor pool and hot tub. Adjacent to the lobby is the popular Blarney Stone Irish Tavern, serving their tasty home-cooked Irish and English fare for breakfast, lunch and dinner and with a pint of fine Irish Ale, or try their wide selection of Irish and Scottish Whiskies and a good dose of good ol' Irish hospitality! The hotel also features a games room, fitness center, 24-hour front desk, complimentary Wi-Fi, free heated underground parking and ski locker storage.

Each superior room has a gas fireplace, 40" HDTV and its own Galley Kitchen which includes an induction cooker, mini-refrigerator, microwave and sink. Dishes, cookware and utensils are included. Most units are 1 queen and 1 queen murphy bed.

TRIP LEADER
Gloria Raminha

garski2011@gmail.com
CELL | 661-800-8229 HOME | 661-829-5996

12707 Windy Ridge Dr, Bakersfield, CA 93312
FWSA CST #2036983-40



All trip reservations will be made through FWSA. Airport Shuttle arrangements will be made by the FWSA Trip Leader.

www.bigwhite.com/fwsa-mini-ski-week

For further information and trip registration forms, go to the following website:
<http://www.fwsa.org/Travel/NAski/2020-FWSA-BigWhite/docs/2020-0329-0403%20BigWhite-Package-2019-0913.pdf>

2020 FWSA International Ski Week and Extension Trip

Sierra League & Council members, family and friends, would you like to Ski Davos, Switzerland this winter? IF SO.....

Space may still available for the FWSA 2020 International ski trip from February 28-March 7, 2020 with extension to Lisbon and Porto, Portugal, March 7-13, 2020.

Debbie Stewart, FWSA VP of International Travel has arranged a wonderful week of skiing, five star lodging, apres ski parties, and discounted group air and ground transportation to the largest ski areas in Switzerland.

Land packages start at \$1750.00/person.

If you are not currently a member of the Far West Ski Association (via being a member of a club) you can still join the adventure by becoming a direct member of Sierra League & Council. A copy of the membership application that is included in this newsletter along with a trip flyer and additional trip details.

If you need further information or have additional questions, contact Debbie:

Email: FwsaIntlTrvl@prodigy.net; Phone (cell): 559 737-0882

Address: *Debbie Stewart*; FWSA VP of Int'l Travel
430 S. Church St., Visalia, CA 93277

The multiple trip specific forms are available online on the Far West Website:

<http://www.fwsa.org/Travel/InternationalSki/2020-FWSA-Davos/2020-FWSA-Davos.html>

FWSA 2020 Davos & Portugal

Basic Ski Week: Feb. 28 – Mar. 7, 2020



Optional Extension trip to Lisbon & Porto, Portugal

March 7 - 13, 2020

*The largest ski resort in Switzerland and
the highest city in Europe!*



*You will enjoy some of the best
skiing in the world, with 58
lifts, 300 km of ski slopes, 75
km of cross-country tracks and
much more.*



*Davos offers a wide range of
excellent shopping, numerous
boutiques, café/restaurants
and a lively nightlife!*

Davos-Klosters skiing areas feature 5 wonderful areas with terrain for all skier levels!

BASIC TRIP Land Package: The 5* SEEHOF Hotel (Not including Air Transp. or Lift Tickets)

- Approximate lodging package costs – starting at \$1759.00 per person based on double occupancy
- Pricing is based on exchange rate of 1.01USD vs. 1.00 CHF – subject to change
- Basic land package pricing is based on a min. of 86 people & the Extension pricing is based on a min. of 34 people – subject to change if requirements are not met. All local taxes are included
- Single Supplement and Upgraded rooms are available – quantities are limited.

Land Package Includes:

- All airport ground transfers with Multi-lingual guide meeting the FWSA Group Air people upon arrival
- 7 nights' accommodations with breakfast daily and Free Wi-Fi
- 5 Dinners – 2 nights **on your own** to dine at the local restaurants of your choice.
- Welcome/Orientation at the hotel with Tourist office, ski area and ski guide representatives
- Complimentary use of Wellness Center
- Local guide at the hotel each evening for 1 hour
- Optional Day Tour and mid-week Après ski party – details to be provided

Air Transportation Information - *It is HIGHLY recommended to use FWSA air transportation!*

- Group Air - SFO & LAX air transportation
- Stand Alone Trip Air – contact Debbie Stewart
- Alternate airport and/or post trip deviations are available – (they are limited)

*Air prices **DO include** estimated Fuel surcharges, Taxes and current Exchange Rate – subject to change.

*If you are arranging your **OWN** flights but wish to take the FWSA bus transfers, you **MUST** coordinate your flight schedule with the FWSA group air schedule. No special alternate pick-up or drop offs by the bus will be permitted.*

Make checks out to: **Far West Ski Association (FWSA).**

Please reference “**FWSA 2020 Davos/Portugal Trip**” on each check.

**Send to: Debbie Stewart
FWSA VP of Int'l Travel
430 S. Church St.
Visalia, CA 93277**

FwsaIntlTrvl@prodigy.net or cell: 559/737-0882

CST # 2036983-40

Extension trip Lisbon & Porto, Portugal – March 7 - 13, 2020

Approx. Land Package – Double Occ. = \$1349.00 & Single Supp. Rooms available

A Stand-Alone trip is available for experienced travelers!

Discuss the Stand-Alone trip details with Debbie Stewart, VP of Int'l Travel



Experience Local Culture



Create New Memories
with Friends,
Old and New!



FREE TIME
TO EXPLORE!



Enjoy Regional Cuisine



Portugal is one of Europe's hottest destinations—and for good reason! Beyond the stunning landscapes and bustling cities lies a rich culture just waiting to be explored!

Lisbon and Porto, Portugal Trip includes:

- Air transportation to Lisbon –1 Free checked bag - Airline details tbd.
- Pricing is based on exchange rate of 1.20USD vs. 1.00 Euro – subject to change
- 3 night's accommodations at the 4* Hotel VIP Executive Entrecampos (Or Similar**)
- Breakfast buffet daily in each city
- Full day city tour of Lisbon including lunch
- Transfer between Hotel and Porto airport via private coach with English speaking assistant.
- Full day city tour of Porto including wine tasting and lunch.
- 3 night's accommodations at the 4* Black Tulip Hotel (Or Similar**)
- Entrance fees for: Jeronimo's Monastery, St. Anthony Church of Lisbon, St. Francis Church of Porto and Oporto's Cathedral.
- Porterage at all hotels.
- All local taxes

Make checks out to: **Far West Ski Association (FWSA).**

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CST # 2036983-40



FWSA 2020 CROATIA

Land & Boat/Yacht Adventure Trip

September 3-13, 2020



Estimated Group Air: LAX = \$1413.00pp

Air price **DOES** include estimated Fuel surcharges, Taxes and current Exchange Rate – subject to change.

It is highly recommended to use the FWSA Group Air Transportation.

Approximate Land Packages (not including air):

Starting at \$3340.00pp - Double Occupancy ~ \$5225.00pp - Single Supplement**

*Pricing is based on a minimum of 30 participants and an exchange rate of 1 USD to .87 Euros - subject to change.

TELL YOUR FRIENDS...HELP US FILL THE TRIP WITH 40 PEOPLE...YOU GET \$250.00 BACK!



Gain unforgettable memories

Discover the **MAGIC** of
CROATIA...



Visit historic locations



Visit the "Must See" sites of Zagreb,
Plitvice National Park, Split, Trogir, Hvar,
Korcula, "The Pearl of the Adriatic" ...
Dubrovnik and much more!



Trip highlights include:

- Lodging in 4 Star hotels and "MS President" Yacht - 5 Star
(Incredible value – comparable trips can cost \$6500-\$10,000)
- Minimum number – 30 participants and maximum number - 40, so sign up early!
- Round trip group air transportation from LAX
- Ground transportation will be by airconditioned motor coach
- Welcome reception & dinner and Farewell Dinner
- Tentative meals: breakfast daily, 6 lunches & 4 dinners
- Tips included - drivers, guides & tour leader, welcome and farewell dinner, wine tastings & crew tips
- Explore Plitvice National Park – the most famous park in Croatia and a "wonder of nature"
- Guided walking tours visiting several UNESCO World Heritage Sites including Diocletian's Palace, Trogir, the highest peak of Croatia - Vidova Gora with breathtaking views of the Adriatic, visit the Museum of Olive Oil & enjoy tastings, visit the birthplace of Marco Polo – Korčula and so much more!
- The UNESCO World Heritage Sites of Dubrovnik with its 16th century stone-walled old town, has gained popularity and bolstered to global recognition after serving as the filming location for *The Game of Thrones*.

Make checks out to: **Far West Ski Association (FWSA)**. Please reference "**FWSA 2020 CROATIA Trip**" on each check.

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CST # 2036983-40

CROATIA 2020 Adventure Trip Tentative Details

Discover the true cultural treasures of Croatia on a comprehensive journey through this customized tour which traverses “old towns”, modern cities, picturesque and stunning views while enjoying a generous dose of culture, religion and spirituality, besides history, art, beautiful landscapes, people and adventurous experiences like never before.

You'll be staying 3 nights in beautiful 4 Star hotels and aboard the luxury 5 Star MS President yacht. The Deluxe MS President provides a perfect platform to explore the stunning coast and islands of Croatia and Dalmatia. Built in 2012, this yacht-like cruiser boasts sleek lines, and the modern facilities expected of a Croatian cruise vessel of this standard. All en suite cabins have been perfected to give you the space and comfort required during your cruise. Located on 2 decks, each feature either twin or double beds, air-conditioning, LCD TV, safe, hair dryer and much more. The MS President boasts a large indoor restaurant-salon, comfortable seating, bar and dining facilities with an outdoor terrace. Most of the leisure time on-board is spent on the huge sun deck with its plunge pool, sun-chairs and large shaded area. To make the most of every swimming opportunity there is a platform at the rear of the ship with a ladder for easy access to the water.

Here's what to expect:

- ✓ *A Welcome dinner / cocktail party in Zagreb – 3 course meal, ½ liter of wine per person, water, juices...*
- ✓ *1 night in Zagreb Hotel Panorama 4* or similar hotel, with breakfast*
- ✓ *2 nights in Dubrovnik Hotel Lero 4*, or similar hotel, with breakfast*
- ✓ *All ground transfers according to itinerary, with airconditioned bus*
- ✓ *Plitvice Lakes National Park entrance fee*
- ✓ *Guided tours of Split, Trogir, Hvar, Korčula and Dubrovnik with licenced english speaking guides*
- ✓ *Brač island tour with visit to Vidova Gora, Škrip, visit to Olive Oil museum, olive oil tasting, snacks*
- ✓ *Visit to Tomic winery in Jelsa village for exclusive VIP wine tasting (6 wines) and presentation*
- ✓ *Dinner at Rokis tavern in Vis – traditional „peka“ meal, with ½ liter wine per person*
- ✓ *Visit to winery in Lumbarda village on Korčula for exclusive wine presentation and tasting*
- ✓ *Mljet National Park entrance fee*
- ✓ *Cable car ride to Srđ mountain for great views of the old town*
- ✓ *Farewell dinner at Dubrovnik restaurant – three course meal, ½ liter wine, water, juices... per person*
- ✓ *Tour leader / travel coordinator / cruise manager – throughout the duration of the whole program*
- ✓ *FWSA Travel Team available throughout the entire trip*
- ✓ **FWSA DOES HIGHLY RECOMMEND TRAVEL INSURANCE.**

About Croatia

The Croatian national territory totals 21,851 square miles with 31,479 and 12,154 square miles of coastal waters for sailing, swimming and diving.

Croatia occupies the largest area of the eastern coast of the Adriatic Sea which, as a part of the Mediterranean Sea, penetrates deep into the European continent. The narrow Dinara Mountain Range separates the country's Mediterranean region from its central European continental section, which spans from the easterly edges of the Alps in the north west to the shores of the Danube in the East, encompassing the southern part of the fertile Pannonian lowlands.

And if the beauty of such landscapes weren't enough, here's a refreshing piece of news: tap water is drinkable across all of Croatia.

Climate

Croatia enjoys three different climates: The coast has a pleasant Mediterranean climate with a high number of days of sunshine per year. Summers are hot and dry, and winters are mild and wet. Temperatures drop slightly as you move inland, where the climate is continental and moderate. Once you climb above 1,200 m, you'll be greeted with fresh mountain air and temperatures around 13 °C in the summer months.

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Currency

Currently the Kuna is their currency, but they anticipate joining in with the Euro. You can exchange money at any of the country's banks, Bureau de change, post offices and at almost all travel agents, hotels and campsites. Most establishments and ATMs will also accept credit cards such as Visa, MasterCard etc.

Travel Documents

Your trip to Croatia doesn't mean visa headaches either. In most cases, the only form of ID required is a valid passport. And if you're an EU citizen, you can also use your national ID card. Croatian customs regulations are almost entirely in harmony with EU standards.

MS President Ship Info

The Deluxe MS President provides a perfect platform to explore the stunning coast and islands of Croatia and Dalmatia. Built in 2012, this yacht-like cruiser boasts sleek lines, and the modern facilities expected of a Croatian cruise vessel of this standard. All en suite cabins have been perfected to give you the space and comfort required during your cruise. Located on 2 decks each feature either twin or double beds, air-conditioning, LCD TV, safe, hair dryer and much more. The MS President boasts a large indoor restaurant-salon, comfortable seating, bar and dining facilities with an outdoor terrace. Most of the leisure time on-board is spent on the huge sun deck with its plunge pool, sun-chairs and large shaded area. To make the most of every swimming opportunity there is a platform at the rear of the ship with a ladder for easy access to the water.

Technical data:

- Launched: 2012
- Length: 47m
- Breadth: 9m
- Speed: 17km/h
- Crew: 8
- Cabins: 21
- Voltage: 220v

Ship specifications:

- Large Sun deck with deck chairs, sun beds and swimming pool
- Salon restaurant
- Bar
- Outdoor lounge terrace with tables and comfortable sofas
- Air-conditioned en-suite cabins
- Free Wi-Fi

Cabin specifications:

- | | |
|---|-------------------|
| *En-suite | *Air-conditioning |
| *Toiletries | *TV |
| *Safe | *Hair Dryer |
| *Wardrobe | *Desk |
| *Lower deck: 8 twin / double cabins | |
| *Upper deck: 9 double cabins, 2 twin cabins | |

A right balance; to blend rural and urban, heritage, culture, major sights with private and personal experiences; this itinerary offers you the overall colors with abundant opportunities to put your feet up and let it all soak in, this program will unravel new mysteries every day.....

Let's call it Magic!

CST # 2036983-40

"The Voice of the Western Skier"



88th Annual Far West Ski Association Convention

May 28 - 31, 2020

at the



**Red Lion on the River
Jantzen Beach**
909 N Hayden Island Dr.
Portland, Oregon 97217



Hosted by the *Northwest Ski Club Council*

Red Lion on the River - Jantzen Beach

909 N Hayden Island Dr., Portland, OR 97217

Reservations <https://www.redlion.com/red-lion-hotel/or/portland/red-lion-hotel-river-jantzen-beach>

or

call **1-503-283-4466**, Group Name: **Far West Ski Association**.

Room Rates per night plus tax single or double occupancy —
\$149 per night

Room Registration Deadline May 1, 2020

Hotel Features

- Located on the Columbia River
- Breathtaking views of Mt. Hood & Mt. St. Helens
- Outdoor Pool and jacuzzi
- Riverside deck for Friday Night Happy Hour
- Restaurant & Lounge • JB's Night Club
- Business Center
- Fitness Center

Transportation

- Fly into Portland International Airport
- 12 miles to Hotel via Uber, Cab, Red/Yellow Max Line

Convention Highlights

- Silent Auction & Trade Show
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panels
- Saturday Awards Luncheon
- Saturday Awards Banquet
- FWSA General Meeting & Elections

Optional Activities

- **Thursday**
 - ° Snow Day on Mt. Hood
 - ° Pub Crawl in Downtown Vancouver
- **Friday**
 - ° 14th Annual Michael German Memorial Golf Tournament
 - ° Bike Ride
 - ° Wine Tour
 - ° Pool Party

Debbi Kor
FWSA Convention Chairperson
fwsadebbi@comcast.net
or 503-314-7078

Jeannine Davis
Silent Auction Chairperson
SilentAuction@fwsa.org
or 415-328-2333

Sheri Parshall
Host Council Coordinator
cougskier@aol.com
or 503-706-0522

A portion of the Silent Auction proceeds will benefit TBA.

www.fwsa.org

SKI INDUSTRY NEWS

Ski industry news from the National Ski Club News, National Ski Council Federation Newsbeat and FWSA Newsflash

New Agreement in Place for Sale of Saddleback. The owners of Saddleback, Maine's third-largest ski area, have reached a new agreement to sell the mountain to Boston investment company Arctaris Impact Fund. The sale is expected to close in mid-December. SAM

Alterra to Acquire Sugarbush. Alterra Mountain Company has entered into an agreement to purchase Sugarbush Resort in Vermont, bringing the company's portfolio up to 15 resorts throughout North America. SAM

POWDR Purchases SilverStar. POWDR has acquired SilverStar Mountain Resort in British Columbia. SilverStar is the first Canadian property in POWDR's portfolio, which includes 10 other resorts across California, Colorado, Nevada, Oregon, Utah and Vermont, as well Woodward action sports company, heli-ski and river rafting outfitters, as well as media and entertainment holdings. SAM

Mountain Capital Partners to Acquire Brian Head Resort. Mountain Capital Partners (MCP) has entered into an agreement to acquire Brian Head Resort in southern Utah. Brian Head will be the eighth resort in MCP's portfolio of properties, which includes Nordic Valley Ski Resort, Utah; Sipapu Ski & Summer Resort and Pajarito Mountain, N.M.; Hesperus Ski Area and Purgatory Resort, Colo.; Arizona Snowbowl; and Spider Mountain Bike Park, Texas. SAM

Indy Pass Adds Two More Partner Resorts. The Indy Pass continues to grow, adding Black Mountain in New Hampshire and Detroit Mountain in Minnesota for the 2019-20 season. With these additions, Indy Pass now has 46 participating resorts: 16 in the East, 15 in the Midwest, and 15 in the West. SAM

Vail Resorts to Invest \$210 Million for 2020-21. Vail Resorts plans to invest approximately \$210 million to \$215 million across its portfolio of resorts ahead of the 2020-21 season. The plan includes new chairlifts, terrain expansions, facility expansions and improvements, and technology upgrades. SAM

The Outdoor Business Climate Partnership Advocates in DC. In late October the Outdoor Business Climate partnership, a collaborative effort to address climate change between SIA, the Outdoor Industry Association (OIA) and the National Ski Areas Association (NSAA) met on Capitol Hill to spend time with lawmakers, pressing them to take urgent and decisive action on climate. SIA

SKI INDUSTRY NEWS (continued)

Ski industry news from the National Ski Club News, National Ski Council Federation Newsbeat and FWSA Newsflash

The Outdoor Business Climate Partnership Applauds the Senate Climate Solutions Caucus. The Outdoor Business Climate Partnership (OBCP) applauded the formation of the new bipartisan Senate Climate Solutions Caucus. The new Senate Climate Solutions Caucus was formed in late October by U.S. Senators Chris Coons (D- Del.) and Mike Braun (R-Ind.) and plans to focus on finding solutions that would attack climate change in a way that is "durable, equitable and supportive of the American economy." SNews via Google Alerts

'It's a Big Tent': Amid Ski Industry Consolidation, Indie Areas Carve Out Niche. As consolidation brings more change to skiing and riding in the Northeast, independent ski areas are betting some consumers will want to stay "small." "We think there's room for all of us," said Lindsay DesLauriers, whose family owns Vermont's Bolton Valley Resort, an independent ski area. Burlington NBC Channel via Destimetrics

Snowsports Industries America Launches "Generation Snow." Snowsports Industries America (SIA) has announced a new platform, Generation Snow, to address the desire to increase participation in Winter snow sports. To launch this new initiative, SIA has partnered with the Share Winter Foundation, a national grantmaking organization working to improve the lives, health, and fitness of youth through winter sports. SIA

Snowsports Industries America to Acquire BEWI Expos. Snowsports Industries America (SIA) has reached an agreement to acquire the Boston Ski and Snowboard Expo and the Colorado Ski and Snowboard Expo from BEWI Productions, Inc., which has produced the shows for more than 40 years. BEWI Productions, Inc., was founded in 1979 by industry luminary Bernie Weichsel. SAM

Ski Idaho License Plate Celebrates 20 Years. The famous "Ski Idaho" license plate is celebrating 20 years this year. Ski Idaho announced recently its plate program has been around for 20 years - since January 1999. Bob Looper, Brundage Mountain Co. President and Idaho Ski Areas Association board chair, said it's an important revenue stream for the nonprofit, which represents 18 alpine resorts in Idaho. Boise CBS station via Google Alerts.

Snow jobs: In Tight Labor Market, Ski Areas Up the Ante. It used to be that a free ski pass was enough to lure workers to seasonal jobs at mountain resorts. No longer. In the current tight labor market, ski areas across the country are having a tough time filling jobs, so they're upping the ante by boosting wages, providing more housing and offering other perks to fill those jobs. AP via *Bellefontaine (VT) Examiner* & Google Alerts.



www.sierraleague.com

